

INFINITE POSSIBILITIES OF KNOWING THYSELF

RAYS OF DAWN ENERGY BEAM CLUB

• SUMMER SERIES •

*Tuesday Evenings, August 3-September 21, 2010
6:00 – 7:30 PM*

You Deserve this Precious Gift

For this **Summer Series** we are taking on the Laws of the Mind and how the "Core" within encompasses our strength and power as a 4-dimensional soul. Topics include our outer and inner abilities, our inner concepts (including self-esteem) and the Power Within which we can contact and direct to create all that we desire in this life.

These classes are designed to set you on the path to **SELF-AWARENESS**. You will learn about the power within you and how to use it to create positive changes in your life.

Join us and give yourself the precious gift of **SELF-KNOWLEDGE**. You are a divine being, with powers to match. Learn to use those powers!

These classes are informal, intimate, and nurturing. There will be course material handouts, open discussion and homework! Tasty, healthy snacks are provided. Spend time with others who are seeking answers in their lives. We look forward to our time together!



Summer 2010 Class Schedule

- August 3 *The Basic Concept of Living - Part 2*
August 10 *Physical Assessment - Balance, Coordination & Rhythm**
**Come to class in comfortable clothes*
August 17 *The Center of You - Core Strength*
August 24 *What is your Self Image?*
August 31 *Core Concepts and the Five Body Types - Part I*
September 7 *The Five Body Types - Part II*
September 14 *Contact and Direct the Power Within - Part I*
September 21 *Contact and Direct the Power Within - Part II*

\$10.00 per class • \$80.00 for series

Pay for the entire series and receive a 10% discount!

Cash or check are preferred methods of payment.



A ZONE HEALING CENTER

Classes held at:

*Absolute Health Chiropractic
95 Cliftwood Drive
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